

Academic Success Resources for Life Sciences Students at OSU

First Steps for Students in Academic Difficulty

- **Talk to someone if a health or mental health issue is getting in the way of your performance**, contact Student Health Services 737-9355 and/or Counseling and Psychological Services (541) 737-2131 for assistance right away.
- **Talk with your graduate teaching assistant or professor.** They can suggest strategies for succeeding in their course.
- **Email or talk to your advisor.** Make sure they are aware of your situation so they can discuss options including getting help or changes in coursework. The last day to S/U or withdraw from a course is the Friday of week seven each term. You cannot S/U courses for your major so you should talk options with your advisor before week seven.
- **Visit the Academic Success Center or one of the other academic support programs and centers** listed below for general studying and success assistance.
- **Use the academic, tutoring, and study group resources** on the back of this document for help with specific courses.
- **Talk to Counseling and Psychological Services about text anxiety** (541) 737-2131.
- **Are your struggles related to career choice?** Talk to a Career Services counselor in Kerr Administration Building.

Academic Success Center (ASC) - Assistance with General Study Skills

Academic Success Center (ASC) - 102 Waldo Hall, 737-2272, <http://success.oregonstate.edu> supports all OSU students through information and referral, courses, academic coaches and peer lead study tables (see the back of this document). The ASC can help with general study skills in the following ways:

- **Meet with an Academic Coach** about improving your grades, doing better in tests, or managing your time. Call the Academic Success Center at 737-2272 to have an individual consultation.
- **View the academic success and learning style resources** at <http://success.oregonstate.edu/study.htm>.
- **Take an academic success course.** ALS 116 Academic Success focuses on strategies for succeeding academically. Students on academic warning or probation should take ALS 199 Academic Passport. Call 737-2272 for details.

Educational Opportunity Program (EOP) - Assistance for Nontraditional Students

Education Opportunities Program (EOP), 337 Waldo Hall, 737-3628, <http://oregonstate.edu/dept/eop/> works with nontraditional students including students of color, older than average students, students with disabilities, single parents, low-income, and rurally isolated students. Students can contact EOP for a variety of academic support services and courses and EOP also works closely with the following programs:

- **Student Support Services (SSS), 737-9326, http://oregonstate.edu/admin/student_affairs/sss** offers free services including tutoring and testing accommodation for first generation, low-income, and disabled students.
- **College Assistance Migrant Program (CAMP), 737-3998, <http://oregonstate.edu/dept/camp/>** supports students whose history includes migrant/seasonal agricultural by providing financial and academic support for freshman.

Disability Access Services

Disability Access Services, A202 Kerr. Admin. Bldg., 737-4411 and 737-0593 (TDD),

<http://ds.oregonstate.edu/> works with students with documented disabilities to provide oral and sign language interpreting, note taking, transcribing and captioning, taped textbooks, equipment loans, and other accommodations.

Other OSU Academic Support Programs and Centers

Center for Writing and Learning (CWL) - 123 Waldo Hall, 737-5640 offers free help to all OSU students with any writing task at any stage of the writing process.

Collaborative Learning Center (CLC) - Valley Library Main Floor, <http://osulibrary.oregonstate.edu/clc/> staffs free peer tutors and graduate teaching assistants from Biology, Chemistry, Math, Physics, Zoology (Anatomy and Physiology), The Writing Center, and Career Services.

Ecampus Online Tutoring, 737-9204, <http://ecampus.oregonstate.edu/> offers Smarthinking for online courses.

OSU Computer Labs, <http://oregonstate.edu/is/mediaservices/scf/facilities>

Computers are available to students at the 1st floor of Bexell, 108 Hovland, Valley Library, Milne and other locations.

Student Athlete Academic Services (SAAS) - 221 Gill Coliseum, 737-2707 offers free help with all academic subjects to members of intercollegiate athletics teams. Tutors help with the course content and offer general study skills.

Counseling and Psychological Services (CAPS), 5th Floor Snell, 737-2131,

<http://oregonstate.edu/dept/counsel> offers a variety of workshops and other resources for students who are having difficulty succeeding in their academic and/or personal lives.

Visit <http://www.studygs.net/> which has a number of excellent studying, test taking and other success resources.

Academic Success Resources for Life Sciences Students at OSU

Student study groups for biology, biochemistry, chemistry, physiology, statistics and others

Sigma Delta Omega (SDO) Women's Science Sorority Study Groups (open to all students, male and female)

SDO members facilitate study groups for biology, chemistry, statistics and other science courses. Interested students should send an email to sigmadeltaomega@gmail.com with their name and the class for which they need tutoring. A representative from SDO will contact them about setting up a time and place to meet. Also see the SDO website <http://oregonstate.edu/groups/sigmadeltaomega/index.html> for more information.

Tutoring and other Academic Support Services by Subject

Biology

The Biology department graduate teaching assistants offer open office hours for general biology courses (BI 211, 212, 213) in The Valley Library's Collaborative Learning Center <http://osulibrary.oregonstate.edu/clc/>.

Chemistry

- Free, drop-in tutoring for general chemistry (CH 121, 122, 123, 221, 222, 223) is offered at the Mole Hole in the Library's Collaborative Learning Center. See schedule at <http://chemistry.oregonstate.edu/courses/molehole.html>.
- Tutors for other chemistry courses (or individual tutors for general chemistry) can be hired. The Chemistry Department keeps a list of qualified tutors in Gilbert 153.

Mathematics

- Free, drop in tutoring is available in the Math Learning Center in Kidder 108. Math tutors are also available evenings in the Library's Collaborative Learning Center. See information at <http://www.math.oregonstate.edu/?q=mlc>.
- Small group learning opportunities are available in the MATH EXCEL workshops where motivated students work together cooperatively on challenging problems and earn credit. Students in MTH 111 and 112 take MTH 199 and students in 251 and 252 take MTH 299. Contact the Educational Opportunities Program (other side of handout) **OR** Tom Dick in Math (737-1570, tpdick@math.orst.edu) depending on who the courses is listed with.
- The Academic Success Center offers Supplemental Instruction consisting of small (5-6) tutor facilitated study groups for MTH 111 and 112 core concepts. Contact the Academic Success Center at (541) 737-2272 for information.
- Students who place in MTH 065 or 095 can choose to take 102 and 103 which provide extra assistance to students and also count toward college credit. MTH 102 and 103 sections offered by the Math Department (737-4686 or 368 Kidder Hall) can be registered for online. The Educational Opportunities Program (other side of handout) also offers sections of MTH 102 and 103 for their students which students need EOP permission to register.

Microbiology

The Microbiology Student Association is willing to provide tutoring to students having difficulties in microbiology. Students needing tutoring can contact Linda Bruslind at bruslindl@oregonstate.edu.

Physics

- The Worm Hole provides assistance in general physics courses (PH 201, 202, 203, 211, 212, 213) in Weniger 145. Evening hours are available in the Valley Library's Collaborative Learning Center. For more information, visit: http://www.physics.orst.edu/PhysicsWeb_2001/General_info/Documents/tahours.html
- The Student Physics Society offers free tutoring from 2-6 on Thursdays in Weniger 343. For \$5 you can join the club and receive member tutoring anytime. Contact the Physics Department Office in Weniger 301 for more information.
- The Physics Department maintains a list of tutors students can hire in their office, Weniger 301.

Statistics

For specific course assistance, visit Kidder 113H. The Stat office (Kidder 44) has a list of grad students willing to tutor for pay. Check blackboard for your class' free Help Sessions.

Writing

- The Center for Writing and Learning (CWL) provides a free Writing Center open to every undergraduate or graduate writer on campus. Writing Center Assistants help writers with such matters as brainstorming, organizing, revising, and grammar usage. For more information, call (541) 737-5640 or go to Waldo Hall.
- The writing intensive faculty have put together a webpage of useful tips at <http://wic.oregonstate.edu/survivalguide/>.

Zoology (Anatomy and Physiology)

The Academic Success Center offers Supplemental Instruction which consists of small (5-6) tutor facilitated study groups for Anatomy and Physiology (Z 331-333 and Z 341-343). Contact the Success Center at (541) 737-2272 for further information.